



# TERREY HILLS PUBLIC SCHOOL CANTEEN—WINTER MENU

(Updated August 2017)

## Lunch Orders

**Sandwiches** (prices ranging from \$1.40)

**Sushi** (Mon & Fri, prices starting from \$3.00)

**Wraps** (\$2.70 each)

Chicken Wrap  
Ham Wrap

**Salad & Fresh Food** (prices from \$0.30)

Carrot Sticks  
Cucumber Sticks

**Hot Food** (prices range from \$1.00 to \$3.50)

Snack Beef Pie  
Chicken Nuggets **GF**  
Sausage Roll  
Noodles (chicken)  
Macaroni Cheese  
Twista Bolognaise  
Beef Lasagne **GF**

**GF** – gluten free

## Snacks

**Recess only snacks** (\$1.00 each)

Mini Cheese Pizza  
Cup O'Rice (with gluten free soy sauce) **GF**  
Garlic Bread  
Raisin Toast  
Vaalia Yoghurt (various flavours)

**Recess & lunch snacks** (\$1.00 each)

Apple\* (whole or 'slinky')  
Cereal Bites  
Popcorn\* **GF**

**Lunch only snacks** (\$1.00 each)

Vege Crackers\* **GF** (various flavours)  
Delites rice snacks\* **GF** (various flavours)  
Ice-creams/ice-blocks (prices from 50c to \$2.00)

## **Drinks**

**Recess & lunch** (prices range from \$1 to \$2)

Still Spring Water\*  
Oak Flavoured Milk\*

**Lunch only** (\$2.00 each)

Harvey Fresh Fruit Juice\* (various flavours)  
Chill J\* (various flavours)

**Only snacks/drinks marked with an asterix (\*) may be purchased in a lunch order.**

**Canteen is open**

**Mondays, Wednesdays and Fridays**

Orders are placed via our online canteen ordering system, **Munch Monitor**.

Special items are added weekly.

A full list of all items and options available can be found on THPS Munch Monitor.

**To sign up for a Munch Monitor account please contact the canteen on [terreyhillscanteen@gmail.com](mailto:terreyhillscanteen@gmail.com)**